

QUARTER 1 DONE AND DUSTED

With the first 3 months of the year having come and gone, it may be time to have a sit down with yourself and evaluate your level of progress or regress. Formulate corrective actions and a new monitoring strategy that will take you to the next level.

Here at Enviroswitch we are always striving to become better through being cognisant of our current status quo and our envisaged outcome. In order to be one day recognised as the best Environmental Health company on a global scale, we are required to put ourselves in check, lead when nobody is looking, drive with clear direction that shows we are aware of the destination and embrace every challenge, barrier, obstacle and hindrance as a tool for our continuous improvement. We consider our home the home of excellence after all.



You and your health?

The World Health Organization defines **health** as the “complete state of complete physical, mental, and social well-being, and not merely the absence of disease or infirmity.” So the question that we should ask ourselves on a continuous basis is how far are we to the achievement of fully encompassing this definition, on both a personal and professional or business level.

One key way of **enhancing** this key attribute is to look at all the factors around us that affect our health, that is where Environmental Health comes in. Environmental Health is there as a tool to make enjoying our lives easier, to explore the aesthetically available qualities of our neighbourhoods without running into a pile of illegal dumping, to take that afternoon jog without breathing in all the pollutants emitted by vehicles on our roads, and to be able to freely and comfortably purchase food from our nearest convenience store without falling victim to food poisoning.

In order for this to happen, we need to individually and collectively take charge of our own health, influence policy, support local businesses that build our well-being and work towards a cleaner and more attractive environment.

Be responsible, take control of your health.

Regards
The Enviroswitch Team

CELEBRATORY NOTE: CONGRATULATIONS TO OUR EHP SWITCHER, MS. MOTLAILANE MAFOLO, FOR BEING PART OF THE TOP 1 PERCENT OF ACADEMIC ACHIEVERS IN THE UNIVERSITY OF JOHANNESBURG AND BEING PRESENTED WITH THE UJENIUS CERTIFICATE. WE ARE PROUD AND HONOURED TO WORK WITH YOU.

CONGRATULATIONS ALSO TO OUR DIRECTOR FOR BEING SHORTLISTED FOR THE MANDELA WASHINGTON FELLOWSHIP FOR YOUNG AFRICAN LEADERS. THEY RECEIVED OVER 37000 APPLICATIONS THROUGHOUT AFRICA.